

Platz	Name	Jahrgang	Verein	Zeit	AK	Platz AK
1	Hecktor, Matthias	1974	1. FC Kaiserslautern	00:25:30	M 30	1
2	Bender, Rafael	1978	LC Bad Dürkheim	00:26:29	Maenner	1
3	Heuer, Tom	1970	LC Donnersberg	00:26:37	M 35	1
4	Weiler, Torsten	1968	LLG Wonnegau	00:28:05	M 35	2
5	Rudolphi, Markus	1971	LC Bad Dürkheim	00:28:36	M 30	2
6	Freiberger, Hans-Willi	1965	LLG Wonnegau	00:28:55	M 40	1
7	Busch, Dirk	1979	LG Wahlheim-Esselborn	00:29:13	Maenner	2
8	Prast, Josef	1959	Ritten Sport	00:29:22	M 45	1
9	Southard, Kyle	1988	1. FC Kaiserslautern	00:29:34	maennl. Ju	1
10	Schröder, Elizabeth	1967	Hundsrück Sport Team	00:29:42	W 35	1
11	Krezdorn, Uli	1977	Laufschuhkauf.de	00:29:57	Maenner	3
12	Yilmaz, Ates	1969	SC Schornsheim	00:30:08	M 35	3
13	Stinner, Heiko	1971	LLG Landstuhl	00:30:16	M 30	3
14	Matheis, Josefa	1966	TSG Eisenberg	00:30:24	W 35	2
15	Bernhard, Stefan	1968	TSG Eisenberg	00:30:46	M 35	4
16	Wellstein, Klaus	1968	TSG Eisenberg	00:30:53	M 35	5
17	Gehrmann, Ralf	1976	TSG Eisenberg	00:31:00	Maenner	4
18	Jakob, Josef	1950	TV Bürstadt	00:31:03	M 55	1
19	Breier, Franz-Josef	1953	SV 1910 Gau-Algesheim	00:31:07	M 50	1
20	Eckstein, Bernd	1959	TV 1883 Bischofsheim	00:31:14	M 45	2
21	Klos, Karl-Heinz	1952	LC Donnersberg	00:31:24	M 50	2
22	Kotter, Herbert	1946	TSV Speyer	00:31:33	M 55	2
23	Wahl, Hans	1955	TSG Eisenberg	00:31:42	M 50	3
24	Tuma-Reuter, Rainer	1960	PSV Pirmasens	00:31:43	M 45	3
25	Bauer, Axel	1971	LLG Wonnegau	00:31:52	M 30	4
25	Chen, Jackie	1962	LLG Landstuhl	00:31:52	W 40	1
27	Matheis, Ralf	1965	TSG Eisenberg	00:32:01	M 40	2
28	Nelson, Peter	1985		00:32:09	Maenner	5
29	Reinhart, Adolf	1944	1. FC Kaiserslautern	00:32:30	M 60	1
30	Wallauer, Kai	1979	Marnheim	00:32:32	Maenner	6
31	Wicker, Angelika	1959	TV Waldstraße Wiesbaden	00:32:35	W 45	1
31	Weil, Gerd	1970	LLG Wonnegau	00:32:35	M 35	6
33	hein, Klaus	1959	LT Degenbachtal	00:33:03	M 45	4
34	Birkenmaier, Martin	1970	Kirchheimbolanden	00:33:04	M 35	7
35	Burgey, Björn	1981	TC Kirchheimbolanden	00:33:34	Maenner	7
36	Duwensee, Tobias	1988	Alzey	00:33:37	maennl. Ju	2
37	Tasch, Thomas	1966	Erbes-Büdesheim	00:33:46	M 35	8
38	Klingelschmitt, Stefan	1987	Erbes-Büdesheim	00:33:47	maennl. Ju	1
39	Schreiber, Frank	1970	Perleketttsche Kelkheim	00:33:50	M 35	9
40	Meixner, Dieter	1944	1. FC Kaiserslautern	00:34:02	M 60	2
41	Werst, Bernhard	1969	LLG Wonnegau	00:34:07	M 35	10
42	Faul, David	1976	TC Kirchheimbolanden	00:34:10	Maenner	8
43	Neisel, Björn	1991	Kirchheimbolanden	00:34:11	Schueler A	1
44	Trampusch, Ingo	1964	Framersheim	00:34:14	M 40	3
45	Rupp, Christian	1980	Flying Ox	00:34:30	Maenner	9
46	Felgenhauer, Tobias	1983	TuS Dannenfels	00:34:46	Maenner	10
47	Bürky, Markus	1970	Kirchheimbolanden	00:34:49	M 35	11
48	Schmitt, Olaf	1968	Alzey	00:34:50	M 35	12
49	Erford, Thomas	1961	LLG Landstuhl	00:34:54	M 40	4
50	Heim, Christian	1980	TV Kirchheimbolanden	00:34:58	Maenner	11
51	Lenzen, Michael	1968	Gauersheim	00:35:00	M 35	13
52	Schneider, Jens	1968	TV 1883 Bischofsheim	00:35:03	M 35	14
53	Jotter, Ria	1953	TSG Maxdorf	00:35:08	W 50	1
53	Michels, Thomas Stefan	1962	SV Kirchheimbolanden	00:35:08	M 40	5
55	Wehner, Oliver	1969	DIE RHEINPFALZ	00:35:18	M 35	15
56	Mesel, Ludwig	1934	LC Bad Dürkheim	00:35:44	M 70	1
57	Cambeis, Roger	1944	LLG Wonnegau	00:35:54	M 60	3

58	Keller, Guido	1966	AGTSV Ramsen	00:35:57	M 35	16
59	Spindler, Karl	1937	TG Waldsee	00:36:08	M 65	1
60	Heiner, Jochen	1967	TSG Grünstadt	00:36:15	M 35	17
61	Föller, Helmut	1965	Morschheim	00:36:20	M 40	6
62	Hauer, Rainer	1950	LC Bad Duerkheim	00:36:21	M 55	3
63	Hentzel, Markus	1967	Relsberg	00:36:30	M 35	18
64	Jacobi, Klaus	1952	Mainz	00:36:32	M 50	4
65	Martens, Jakob	1981	Bundeswehr	00:36:42	Maenner	12
66	Bünger, Marion	1966	LG Biebesheim-Crumstadt	00:36:48	W 35	3
67	Kolath, Dieter	1956	VG Kirchheimbolanden	00:36:53	M 45	5
68	Schwehm, Andrea	1979	TSG Kaiserslautern	00:36:56	Frauen	1
69	Bunge, Gerhard	1938	TSG Eisenberg	00:37:01	M 65	2
70	Lauterbach, Marko	1972	S.V. Orbis	00:37:02	M 30	5
71	Pabst, Thomas	1952	TSG Eisenberg	00:37:03	M 50	5
72	Welle, Rainer	1944	TSG Kaiserslautern	00:37:04	M 60	4
73	Müller, Steffen	1978	TV Kirchheimbolanden	00:37:16	Maenner	13
73	Rieder, Bernd	1968	TuS 05 Ramsen	00:37:16	M 35	19
75	Burns, Patrick	1992	LLG Landstuhl	00:37:29	Schueler B	1
76	Kühn, Martin	1961	TSG Zellertal	00:37:31	M 40	7
77	Kammel Dr., Andreas	1958	Worms	00:37:33	M 45	6
78	Zech, Heinz	1934	TG 04 Limburgerhof	00:37:48	M 70	2
79	Wehowsky, Klaus	1934	Lambsheim	00:38:05	M 70	3
80	Roth, Hardo	1960	Meyer Runners-VHS FT	00:38:06	M 45	7
81	Scheib, Jörg	1963	TuS 05 Ramsen	00:38:13	M 40	8
82	Hildebrandt, Rudolf	1936	LF Naheland Bad Kreuznach	00:38:16	M 65	3
83	Didier, Hans-Jürgen	1957	PSV Worms	00:38:18	M 45	8
84	Wallauer, Klaus	1952	TC Marnheim	00:38:22	M 50	6
85	Wirth-Kunkel, Eva	1960	LLG Wonnegau	00:38:35	W 45	2
86	Müller, Karl-Heinz	1940	LSC Athlon Kusel	00:38:41	M 65	4
86	Hirschmann, Hans-Peter	1952	LLG Wonnegau	00:38:41	M 50	7
86	Gander, Georg	1961	TV Abenheim	00:38:41	M 40	9
89	Ullmer, Jürgen	1957	TSG Eisenberg	00:38:46	M 45	9
90	Hirschenberger, Falco	1978	S.V. Orbis	00:39:18	Maenner	14
91	Frech, Manuel	1987	Speyer	00:40:05	maennl. Ju	2
92	Dec, Hartmut	1950	TV 1848 Meisenheim	00:40:07	M 55	4
93	Schölles, Uwe	1960	Kirchheimbolanden	00:40:30	M 45	10
94	Weiler, Ingolf	1949	TV Abenheim	00:40:38	M 55	5
95	Reichel, Roland	1943	LLG Landstuhl	00:41:10	M 60	5
95	Helfrich, Peter	1958	TSV Eisenberg	00:41:10	M 45	11
97	Galozi, Josef	1977	Bolanden	00:41:22	Maenner	15
98	Haage, Dr., Tristan	1969	STEITZ SECURA	00:41:30	M 35	20
99	Clemens, Peter	1957	Meyer Runners-VHS FT	00:41:31	M 45	12
100	Strieth, Dorina	1988	TV ALzey	00:41:47	weibl. Jug	1
101	Wicker, Udo	1952	Saulheim	00:41:48	M 50	8
102	Merz, Thomas	1969	TuS Wachenheim	00:42:02	M 35	21
103	Zydorek, Martin	1959	Carlsberg	00:42:10	M 45	13
104	Jager, Ulrike	1966	Gauersheim	00:42:14	W 35	4
105	Teichert, Vera	1947	TU Kaiserslautern	00:42:16	W 55	1
106	Burns, William	1966	LLG Landstuhl	00:42:39	M 35	22
107	Baral, Günter	1957	TV 1883 Bischofsheim	00:42:42	M 45	14
108	Nickel, Peter	1944	LLG Wonnegau	00:42:53	M 60	6
109	Silbersdorf, Günter	1949	Heidesheim	00:43:08	M 55	6
110	Erford, Gabi	1962	LLG Landstuhl	00:43:24	W 40	2
111	Besler, Erhard	1957	SpVgg Gauersheim	00:43:25	M 45	15
112	Wiámann, Ute	1963	Meyer Runners-VHS FT	00:43:35	W 40	3
113	Griebe, Thomas	1960	TSG Zellertal	00:44:04	M 45	16
114	Menz, Stefan	1967	Einselethum	00:44:09	M 35	23
115	Zydorek, Matthias	1995	TSG Eisenberg	00:44:10	Schueler C	1

116	Roedl, Rudi	1959	SG Stern Mannheim	00:44:18	M 45	17
117	Eckel, Michael	1976	Fitness World Kibo	00:44:36	Maenner	16
118	Bürky, Andreas	1975	Kirchheimbolanden	00:44:41	M 30	6
119	Wiámann, Constanze	1970	TV Kirchheimbolanden	00:44:44	W 35	5
120	Dec, Carmen	1967	Odenbach	00:44:57	W 35	6
121	Baldauf, Alexander	1968	Odenbach	00:44:58	M 35	24
122	Karlauer, Erhard	1955	TC Marnheim	00:45:43	M 50	9
123	Janicek, Manuela	1983	Bad Dürkheim	00:46:28	Frauen	2
124	Schaly-Wahl, Edeltraud	1955	Altleiningen	00:46:34	W 50	2
125	Zydorek, Friederike	1996	TSG Eisenberg	00:46:36	Schuelerin	1
126	Schwehm, Sonja	1958	TSG Kaiserslautern	00:46:37	W 45	3
127	Roth, Andrea	1957	Meyer Runners-VHS FT	00:46:39	W 45	4
128	Fuá, Karl-Heinz	1961	Kirchheimbolanden	00:47:27	M 40	10
129	Henning, Petra	1956	SG Stern Mannheim	00:48:26	W 45	5
130	Sarter, Alexandra	1969	Kaiserslautern	00:49:27	W 35	7
131	Armauer, Harald	1971	Worms	00:49:35	M 30	7
132	Reinig, Sieglinde	1939	LTC Mutterstadt	00:49:51	W 65	1
133	Korn, Martina	1967	Hochspeyer	00:52:14	W 35	8
134	Döppert, Bernd	1963	1. FC Kaiserslautern	00:52:18	M 40	11
135	Rupp, Sabine	1976	Bolanden	00:53:24	Frauen	3